

# THE TRUTH ABOUT CAVITIES

- Cavities come from low Ph levels (acid levels)
- Brushing and flossing only partially prevents most cavities

- Professional fluoride treatment lowers cavity risk by 75%
- Sealants lower cavity risk by 70%

ENAMEL ERODES - CAVITIES FORM

PH LEVEL	
7.0	TAP WATER
6.4	MILK
5.9	CHEDDAR CHEESE
5.6	BREAD
4.6	BANANAS
4.4	TOMATOES
4.2	BEER
4.0	BOTTLED WATER
3.9	KETCHUP
3.9	HONEY
3.6	ORANGE JUICE
3.4	APPLES
3.0	DIET SODA
3.0	ICED TEA
2.7	COFFEE
2.5	SODA
2.5	GATORADE
2.4	WINE
2.3	LEMON JUICE
1.6	CANDY
1.0	BATTERY ACID



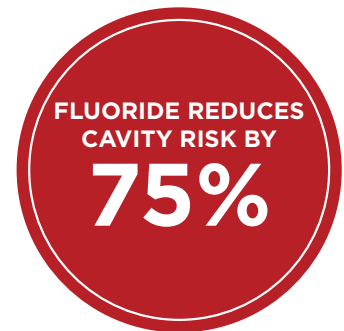
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DECAYED & INFECTED



FLUORIDE TREATMENT



SEALANT

**Fluoride Treatment \$42 ● Sealants \$53/tooth**  
**If covered by insurance, \$0.**